

ADVANCE DIRECTIVES

Resource List for Beginning the Conversation

For More Information

Methodist Pastoral Services
at Methodist Hospital

402-354-4016
8303 Dodge St.
Omaha, NE 68114

Or please contact your
Health Coach or Health
Care Provider at your
Methodist Physician's Clinic.

Helpful Websites

Methodist Health System

www.bestcare.org/AdvanceDirectives

The Methodist Health System website is intended to give you additional tools to help you understand your choices when writing Advance Directives. On our website you will find:

- A link to watch a video on Powers of Attorney for Health Care and Living Wills
- A PDF document of this entire packet
- Power of Attorney for Health Care and Living Will forms
- Helpful phone numbers to call for additional information

American Hospital Association (Put It In Writing)

www.aha.org/advocacy-issues/initiatives/piiw

National Hospice and Palliative Care Organization (Planning Ahead)

www.caringinfo.org

Workbooks

The following booklets assist in guiding you and your loved ones with your health care choices.

5 Wishes: www.agingwithdignity.org

Caring Conversations: www.practicalbioethics.org/resources/caring-conversations

The Conversation Project: www.theconversationproject.org/starter-kit/intro

Books

Planning for Uncertainty: Living Wills and Other Advance Directives for You and Your Family

by David John Doukas and William Reichel (2007)

My Voice, My Choice: A Practical Guide to Writing a Meaningful Healthcare Directive

by Anne Elizabeth Denny (2012)

Advance Directives, Durable Power of Attorney, Wills, and Other Legal Consideration (Alzheimer's Roadmap Book #3, Amazon Kindle e-book)

by Laura Town and Karen Kassel (2014)