



Nebraska Methodist Health System Stroke Support Group

****Currently meeting virtually via Microsoft Teams, please email jamie.dethlefs@nmhs.org to be added to the group****

**DATE:
1ST TUESDAY OF EVERY
MONTH
7:00-8:00 P.M.**

**Stroke Survivors, family, and
caregivers are all welcome!**



**FOR QUESTIONS OR TOPIC
SUGGESTIONS, PLEASE
CONTACT:**

**DONNIS ARENS AT 402-312-
4749**

**OR
METHODISTSTROKEGROUP@
NMHS.ORG**

**Join us monthly for a fun and welcoming
support group located right in the heart
of our community!**

*Our mission is to provide education,
encouragement, hope, and understanding
for stroke survivors, their families, and caregivers*


**METHODIST
HOSPITAL**