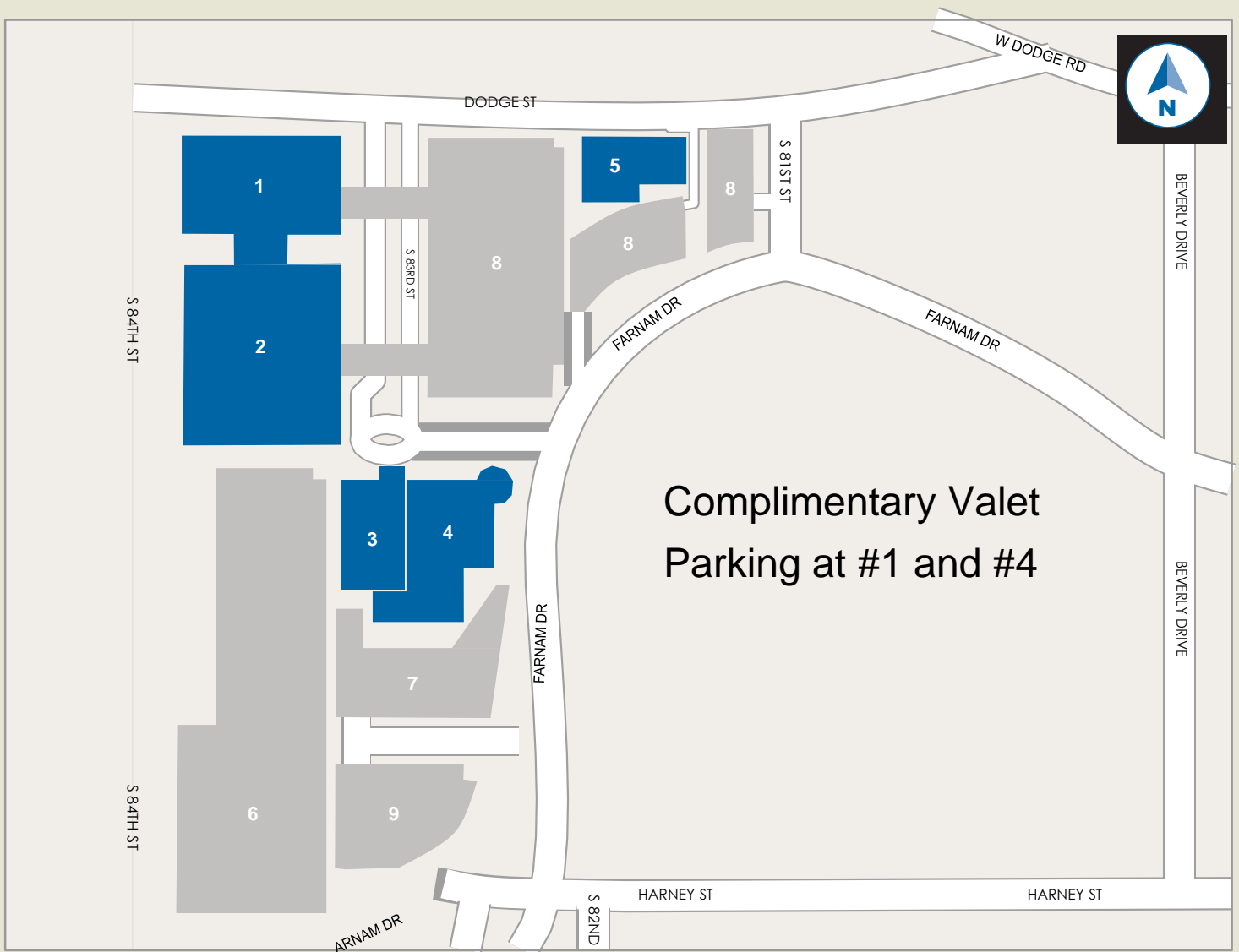


Frequently Asked Questions at Methodist Estabrook Cancer Center (MECC)

- What should I bring to my first appointment/consultation?
 - All completed paperwork that has been mailed or emailed to you.
 - Photo ID (bring to every appointment).
 - Insurance cards (bring to every appointment).
 - List of all medications (both prescription, over the counter, and herbs) – bring an updated list to every appointment.
- Who should I bring to my first appointment/consultation?
 - A friend or family member that can act as your health partner (your 2nd set of ears).
 - Plan to bring your health partner to as many appointments as possible or at your comfort level.
- What can I expect at my first appointment/consultation?
 - A thorough review of your diagnosis.
 - If you have not been diagnosed, the discussion will be focused on how a diagnosis will be achieved.
 - A review of any recent radiology exams completed.
 - A review of pathology results (if available).
 - A discussion of recommendations.
 - A review to ensure all your questions have been answered and/or addressed.
- Where should I park?
 - We have many parking options. You may use our complimentary valet parking, the main Methodist visitor parking garage, or a small parking lot south of the cancer center building (please see the attached map of our campus).
- What questions should I ask if I have been diagnosed with cancer?
 - What is the exact name of my cancer?
 - What is the stage of my cancer?
 - What are the treatment options?
 - What do you recommend and why?
 - What is the goal of treatment?
 - What are the risks and side effects that I should expect?
 - Will I be able to have children after my treatment?
 - What should I do to be ready for treatment?
 - Should I follow a special diet?
- Can I have labs and radiology testing done at MECC?
 - Yes labs may be drawn at MECC.
 - You will first check in at the MECC registration desk on the first floor. Plan to check in for labs a minimum of 30 minutes prior to your physician appointment.
 - A small number of X-rays can be performed at MECC – majority of radiology testing is performed at Methodist Hospital.

- Does Methodist Health System accept my insurance?
 - Methodist accepts most insurance companies. However, we recommend that you contact your insurance company to verify coverage and determine if Methodist is considered in network versus out of network.
- Who do I contact for billing questions?
 - We have a great financial support team in our cancer center @ 402-354-7812.
- Do or can I have access to my medical record?
 - Yes you may have limited access to your medical record by signing up for the Patient Portal – this can be done at any appointment.
- Who do I contact with additional questions?
 - Every clinic at MECC has Nurse Navigators – please contact your appropriate clinic and ask for the Nurse Navigator.
 - The role of the RN Navigator
 - Plan and educate about your diagnosis and treatment options.
 - Support and navigate you through treatment by reinforcing education.
 - Refer to appropriate cancer support groups and resources available.
 - Teach about cancer prevention, screening guidelines, diagnosis, treatment options, clinical trials, and the importance of early detection.
- What support groups are available for my diagnosis?
 - We currently have support groups for: Breast, Leukemia and Lymphoma, Prostate cancer, Colon, Oral/Head and Neck cancer, Young Adults, Lung Cancer, Sarcoma, and GIST. We work closely with the American Cancer Society as well (www.cancer.gov – for more support groups available).
- What is Harpers Hope and what support services participate with Harpers Hope?
 - Harpers Hope is a comprehensive cancer survivorship program that offers services to help improve the quality of life for cancer survivors.
 - Cancer Prevention and Hereditary Cancer Risk.
 - Counseling/Behavioral Health.
 - Inner Beauty: A Specialty Salon for Cancer Survivors.
 - Oncology Nutrition Services.
 - Physical Wellness.
 - Oncology Social Workers.
- How do I, as a survivor, become involved with MECC?
 - Volunteer with our Volunteers in Partnership through Methodist Hospital.
 - Become a part of the MECC Patient and Family Advisory Council.

Methodist Health System 84th Street Campus



1 Methodist Hospital - North Tower
8303 Dodge Street, NE 68114

2 Methodist Hospital - South Tower
8303 Dodge Street, NE 68114

3 Methodist Outpatient Surgery
8303 Dodge St, NE 68114

4 Methodist Estabrook Cancer Center
8303 Dodge St, NE 68114

5 Professional Center
8111 Dodge St, NE 68114

6 Employee Parking

7 Cancer Center Parking

8 Visitor Parking

9 Parking